



DelaWELL Condition Care

Health Management Program

Helping you make changes for the better

The personal support you need to make the right decisions about your health.

The DelaWELL Condition Care Program is a health improvement benefit available to you* through the State of Delaware if you have any of these chronic conditions:

- Asthma
- Back pain
- Chronic obstructive pulmonary disease (COPD)
- Coronary artery disease
- Diabetes
- Heart failure
- Osteoarthritis

Managing any health condition can be difficult, but managing long lasting, chronic conditions can be even more difficult. However, having a chronic illness does not need to keep you from living a full life.

The DelaWELL Condition Care Program is available to give you personal support and information to help you make a positive difference in your life:

- It's personal.
- It's private.
- And it's available at no additional cost to you.

**Available to benefit eligible individuals currently enrolled in a State of Delaware Group Health Plan.*

Here's What You Can Expect:

A team of compassionate healthcare professionals are on call for you 24 hours a day, all year round through a toll-free phone number.

Specially qualified to give you the latest health information, a care manager can help you:

- Learn to recognize your symptoms and lessen their effects
 - Understand which treatments and medications work best for you
 - Help you follow your doctor's plan of care
 - Live healthier and feel your best, every day
- Alere, a company known for helping people improve their health by supporting their individual health goals, provides the support, education and the nurses. Whether or not you want to participate is completely up to you.

Any information you share is strictly confidential and only shared with your physician or healthcare providers in determining the best treatment plan for you. And, best of all, it's an added benefit that won't cost you an extra cent.

This program has improved the lives of many people around the country, and it can do the same for you.

**Enroll Now. Call 1-866-674-9103
to get started reaching your goal!**

